

CORONAVIRUS SELF REFLECTION QUESTIONS

How has this affected you?
(Mentally, emotionally, plans, relationships and etc)

What lessons about life has this pandemic taught you? Do you see life and the world differently now?

What have you learned about preparing for the unexpected from this experience?

What do you value the most?
How have your values changed due to the way you think about life now?

Since life is short and anything can happen at any time, do you think you have the courage to go through God's call for your life and focusing on what's important in life?